



**PARENTS UNITED  
PADRES UNIDOS**

## Parent Leadership Institute 2017

Be a part of Chicago's parent-led movement for healthy schools.

Parents are key in making sure our schools are healthy environments for our children. The Parents United for Healthy Schools Leadership Institute comprises four sessions that each focuses on a different aspect of school health and wellness.

Join the Parents United movement to address health disparities and learn more about speaking up for social and health justice and how you can make a difference for your child—and children across the city!

### Parent Organizing for Health + Justice

August 31, 2017

Childcare available. Registration required.

Highlighting the key leadership role of parents, this session will provide an overview of the school wellness policy and explain how to be most effective in implementing the wellness policy and transforming schools into healthy environments.

### Strengthening Wellness Teams

October 5, 2017

One of the most effective way to achieve wellness goals at your school is to through the school's wellness team. You will learn how to work with schools to implement the requirement that wellness teams report quarterly to the Local School Council.

### REGISTER

For more information and to register, visit [healthyschoolscampaign.org/parent-institute-2017](http://healthyschoolscampaign.org/parent-institute-2017)

### QUESTIONS? CONTACT:

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### Creating a School Improvement Plan

November 9, 2017

You will learn how to incorporate health and wellness goals into school improvement plans. These plans provide an opportunity for schools to think and plan strategically and address the needs of the whole child, incorporating health and wellness goals into education planning.

### Maximizing the School Meal Program

January 24, 2018

You will learn how good nutrition impacts student learning, how the CPS school meal program works and how parents can make sure students receive nutritious food. You'll receive surveys to fill out to highlight opportunities in your school's food service program.

**HEALTHY SCHOOLS  
CAMPAIGN**

[healthyschoolscampaign.org](http://healthyschoolscampaign.org)